

# TBF Facilitator / Trainer Newsletter – November 2019



Transformational Breath®  
Foundation

Dear Breath Family,

Another long overdue Facilitator Newsletter for all to read. Some new developments, and as always, some reminders.

**Includes:** 2020 Trainer Retreat; a 45<sup>th</sup> Anniversary Gala in Turkey; an urgent Structure/Ethics update from April to understand; Tuition Parity, Trainer Reviews, an important notice about First Aid Certification ... and more.



## TUITION

International Training tuition rates need to be congruent; we are still seeing a lot of inconsistency across the world. This means, in part, that tuition is based on the current exchange rate with US Dollars.

We will update figures annually, or even semi-annually as needed, but right now the basic international rate is to be consistent with \$1500 USD for Seminar, and \$3950 USD for a Level 4 cycle (or \$1975 for each separate Part A or Part B)... Remember, that rates with Judith-led events usually run higher.

## TRAINER REVIEW

As we are seeing examples of content and presentation quality that may not meet standards, note that Trainers and Senior Trainers will be under review and be asked in 2020 for video content from Introductory Trainings, Seminars, and Level 4 weeks. Details will be announced early in the new year.

## 2019 TBF ACHIEVEMENT AWARD



The **TBF Certificate of Commendation for Excellence and Dedication 2019** is awarded jointly to **Kenneth and Connie Tam**. The certificate which will be presented in person by Judith, is worded as follows:

*“In Appreciation for: Directing the Mandarin translation of ‘Breathe Deep’, translating all TBF training manuals, continuing to build and mentor a Breath Community in such a vast country as China, assuming the National Leadership office in China while still being an active ambassador for TBF internationally, and being innovative in developing new tools and products to reach markets.”*



## 2020 BREATHWORKER RETREATS



### 45<sup>TH</sup> ANNIVERSARY GALA IN TURKEY

The **45<sup>th</sup> year of Transformational Breath®** is being celebrated in 2020. We have sent two notices about this. Please Do NOT MISS this opportunity!

Join us at Hotel Grand Side in Side, Turkey (outside Antalya on the Mediterranean), **March 25 – 28, 2020**, for a breath- and fun-filled experience. We have exclusive use of this beautiful resort with all amenities reserved only for Transformational Breath.



Retreat on the sunny seashore with two swimming pools, wonderful gardens, sauna, massage, Turkish baths, and fitness facilities. We will enjoy the beach, swim, breathe and water breathe, share, dance, celebrate, and eat fine fresh delicious food.

- \* Single room (standard): 490 €.
- \* Double room (standard per person): 344 €.
- \* Triple room (standard per person): 315 €.

Included in price: 3 Meals daily, soft drinks and coffee breaks; Evening dance show; Gala cake; pool water

session; meeting room facilities and... a **Special Surprise Guest!**

Register: Rengin Sezer at [renginsezer@hotmail.com](mailto:renginsezer@hotmail.com) or WhatsApp 00 90 532 334 40 07

### 2020 TRAINER RETREAT

The **2020 Trainer's Meeting** is scheduled **March 31 (dinner) to April 4 (after lunch)** also in **Side**.

*Open to active Group Leaders, Trainers & Senior Trainers – all Senior Trainers should come.*

*SHARE \* UPDATE \* RENEW \* GROW*

**Some of the Activities:** Breathing, Water Breathing, Updates, New Techniques, Holding the Trainer Frequency, Update on Business System, Fun, New Science Program Intro, Closing a Session more Consciously. And More!

- \* Single room standard: 470 €
- \* Double room Standard (per person): 390 €
- \* Triple room (per person): 350 €

Staying **all 10 nights** (March 25 to April 4)? Receive a discount as follows:

- \* Single room standard: 1185 €
- \* Double room Standard (per person): 790 €
- \* Triple room (per person): 711 €

Free sightseeing Tours in between

Register: Indalecia Ziritt [segreteria.tbitalia@gmail.com](mailto:segreteria.tbitalia@gmail.com) or Phone: +39/338/4622263



## **IMPORTANT: APRIL 2019 PROGRAM STRUCTURE DOCUMENT - Reminder**

TBF Structure and Ethics document on the [Certification](#) page of the website TOOLS portal has been updated. Translations are still underway.

In April, we made adjustments to the **Facilitator Certification** requirements.

- One important point is that downloading and reading the *Facilitator Handbook* is a new requirement; this Handbook saves time when there are questions of policy, process, or seeking breathworker resources. (If you are already certified we still want you to read it to become more familiar with its contents.)
- Two lesser certification requirements have been removed.
- The 2017 additions of Group Leader role and Trainer Intern stage, unsurprisingly introduced some questions and lack of clarity, but we feel the update has improved clarity.
- And don't forget the Red Cross First Aid/CPR/AED requirement (see below).

Keep in mind that although the Structure is the official Application for Facilitator Certification, we will want people to sign it again for *recertification where certification had lapsed*, but also when *applying for additional certifications* (e.g. Group Leader, Trainer, and Senior Trainer).

**NOTE:** The old quick Online Structure and Facilitator Certification Application (Google form) has been removed because the current Structure document now requires initials on each page. Also, the old form was not formatted well given the limited capability to handle a complex document. The current document is a PDF form where one can download a copy, type in initials, and at the bottom date and sign. Then save your changes and email back as attachment. (It is alright to type your name instead of a signature)... Thus, there is no need to print the download on paper to sign by hand, and then scan and email to us unless you choose to. (Keep in mind that if you do the "print-sign-scan" method we would need all pages).



## **URGENT: RED CROSS CERTIFICATION NOTICE**

In **May, 2018**, the Transformational Breath Foundation (TBF) adopted the Facilitator Certification requirement of completing a basic First Aid course with CPR/AED as offered by the International Red Cross. We phased in the requirement over a year and even extended the cut-off date twice. This requirement was added to the Structure/Ethics released this past April. Those who have not handed in their Certificates are overdue.

**NOTE:** This is also a requirement to maintain your certification. Those already certified as Facilitator, Group Leader, Trainer, or Senior Trainer, as of last May have had 18 months to fulfill this... If you have not submitted a copy of your First Aid/CPR/AED Certificate, you are at risk of losing your status as a Certified Transformational Breath Facilitator™ its benefits. Please send your certifications to **Grace** at [TBFgrace@gmail.com](mailto:TBFgrace@gmail.com) and include your email address, phone number, city, state, and country along with the certification date.

Please contact [TBFgrace@gmail.com](mailto:TBFgrace@gmail.com) with any questions or concerns and they will be considered case by case.



Legal/Policy

## DOMAINS and WEB ADDRESS POLICY: Use of TBF Brands

Some depth and discussion about Structure clause *II.A.1.f* which states:

“Receive permission from TBF before registering any domain names which may contain or be close to the brand name.”

Main Idea:

*Facebook Pages and Facebook Groups, other social media, and various internet instruments, share the same general restrictions as registering Domain Names with our brand.*

TBF owns the brand Transformational Breath® as a registered trademark in several countries, and we enjoy certain “common law” trademark rights as well in most of the world where we conduct business.

All of our [Marketing and Branding Guidelines](#) had been published in the **Facilitator Handbook**, page 27. But these points are not consistently followed.

Have questions about approval? Ask our Legal & Compliance Officer (LCO) at [legal@transformationalbreath.com](mailto:legal@transformationalbreath.com)

## COURSE STATUS

**New Introductory Trainings:** There have been two Introductory Training programs released this year.

In August, we had *Breathing Into Relationships*. It is, of course, wrapped around our RYB core material, but with original material in the area of healing relationships of all types. This was developed by Blake and Kristine Allen.

The second offering, is titled, *Breathing Into Now*, and focuses on the work of Eckhart Tolle. This was brought about by Paul Barrett and Catharina von Bargaen.

## NEW TBF COUNTRIES



There has been one new country to see TBF events since our last letter:

#53. **Luxembourg:** Merih Kocak had an RYB there back in May.



## SPECIAL UPCOMING EVENTS with Judith

**Seminar – New York State, USA**

**August 16 – 21, 2020**

This Seminar in Phoenicia, NY (Catskill mountain area) has become something of an annual event in upstate New York. See Judith there next August at Menla.



Tell your communities that seats fill quickly. **NOTE:** A 10% discount available until **April 18.**

**Contact:** Claire Franck \* 845.532.4080 \* [clairefranck@gmail.com](mailto:clairefranck@gmail.com)

This Seminar qualifies for 39 CE Units  
with NCBTMB (in the USA).