

TBF Facilitator / Trainer Newsletter - July 2018



Transformational Breath®
Foundation

Dear Breath Family,

It has been quite a while since our last big communication.... Lots of changes and news have happened.



FIRST AID CERTIFICATION REQUIREMENT

There is a new Facilitator Certification requirement. One is required to take a **Red Cross First Aid with CPR course**.

We are tracking this requirement. Each country that holds Level 4 training will have its National Leader be responsible for notifying and verifying compliance for the existing Facilitators, Group Leaders, Trainers, and Senior Trainers in that country.

Leaders will be sent an Excel format to list the certified professionals in their country or region on which to record their compliance. Instructions on how to submit information for sharing with TBF will be provided. This process is essential for the new requirement to go into effect.

Certification deadline is June 1, 2019. As verification of certification, one must send a copy or scan of their actual certificate to their National Leader.

If you are living in a country that does not have a TBF National Leader, you may forward your information to your [Regional Officer](#) or to Grace Bryce at tbfgace@gmail.com.

Leaders or Officers who do not know all of the Certified Facilitators in your sphere please contact Steve, Cinny, or Judith.

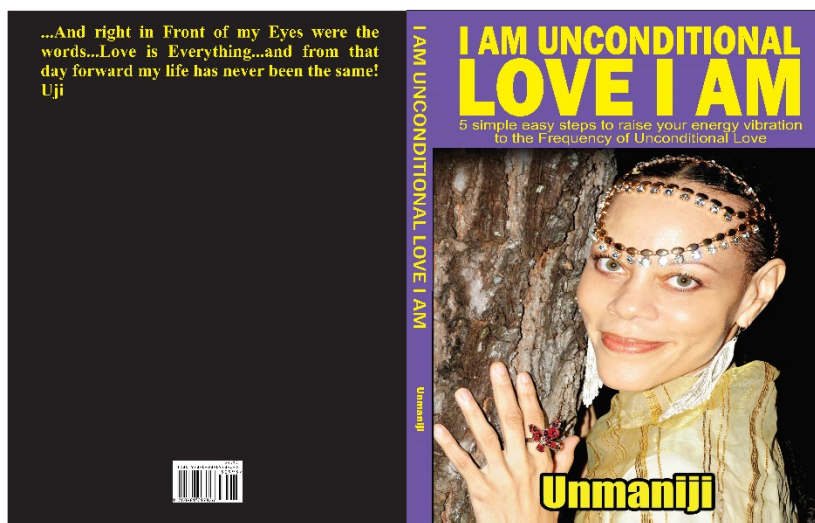
In May 2019, a notice of non-compliance will be sent to all who have not met the new requirement.

BREATHE DEEP TRANSLATIONS

New translations of *Breathe Deep, Laugh Loudly* are at or near completion, and should soon be commercially available in paperback format. Expect Arabic and Spanish to be released in 2018. And a French edition has been recently published.

UNCONDITIONAL LOVE CLEARING PROCESS

There is a new book on the **Unconditional Love Clearing Process** by Unmaniji called *I Am Unconditional Love I Am*. This book has a companion CD. Book and full meditation are planned to be available on USB but are available at select Trainings events and online.



- BOOK: <https://tbfstore.americommerce.com/ul-paperback.aspx>
- CD: <https://tbfstore.americommerce.com/iloveyoucd.aspx>
- BUNDLE Book & CD: <https://tbfstore.americommerce.com/ucl-pkg.aspx>

10% of sales go to Peace Community Children's Fund charity.

NEW COACHING CERTIFICATION with ICF

It is our pleasure to announce that our recent application to the International Coaching Federation (ICF) for the accreditation of our professional coaching training given as part of our Level 4B training program has been approved.

With this accreditation the quality of the coaching training that we provide in Level 4 (Part B) is now endorsed on a professional level. Starting August 1st, 2018, Facilitators who complete Level 4 (Part B) will earn a total of 19.5 ICF-approved Continuing Coach Education (CCE) credits (i.e. 13 hours in Core Competencies and 6.5 hours in Resource Development).

Henceforth, Facilitators that complete Level 4 (Part B) will receive an additional coaching certificate with the ICF logo. Those of us who are already accredited by the ICF as professional coaches will also be able to count these credits toward their additional training hours required to renew their accreditation.

We wish to acknowledge our big appreciation to Turkish National Leader Nilgul Tavsell for guiding this project from start to finish. Also thanks to Yucel Kosal for helping us on this application, seeing our work like his work. Without him we couldn't have done it. Thanks also to Judith Kravitz for believing and supporting this in every aspect, and to Eser Ozar for being there as she is, and whenever necessary giving her magical touch and comfort to run things smoothly.



Details:

Approved Program: Transformational Breath Basic Coaching Skills Training

Approval Start Date: August 01, 2018

Approval End Date: August 31, 2019

We are pleased to inform you that the program has been approved for the following hours:

Core Competencies	13
Resource Development*	6.5

*Resource Development includes training formerly called Personal Development, Business Development, or Other Skills and Tools.

GLOBAL INSPIRATION CONFERENCE 2018 - France

Each year the IBF (International Breathwork Foundation) organizes and sponsors a yearly week-long conference in a different country. This is the 25th annual Conference.

This year the Global Inspiration Conference (GIC) is being held in the Loire Valley, France, from July 28 to August 4.

Breathworkers, healers, and scientists come together from 23+ countries, to share, breathe, create community, and have fun.

For 2018, TBF's leader Judith Kravitz will be featured as the opening Keynote Speaker. The conference's theme this year is JOY, and she will be sharing Transformational Breath's formula for creating a Joyful life.

Throughout the week there will be many workshops, playshops, and international leaders. Areas of new research on breath therapy will be given and also new advancements in the fields of alternative healing. A wonderful children's program is also available.

Please consider coming. For more information or to register: www.ibfnetwork.com/gic/2018



URGENT APPEAL for DANIEL

Our beloved friend from Kenya, Senior Trainer **Daniel Marungu** has been diagnosed with a serious medical challenge. Briefly, it is a Stage III cancer and Daniel's insurance does not cover cancer treatment at all. So we are asking all to help Daniel gather funds to cover necessary medical expenses. Daniel is a man who does so much to help those around him in the slums of Nairobi thru TIBA-Africa yet now could use some assistance himself.

One may help by contributing directly to :

www.gofundme.com/support-daniel-of-tiba-africa

TRANSFORMATIONAL BREATH with other Breathwork Modalities

We should all know the prohibition in our policies about marketing only one Integrative Breathwork modality. This idea extends to our certified Breathworkers working with other modalities, either informally or formally.

Recently, there was a wave of "borrowing", if you will, of our breathworkers from a rather bold and untrustworthy person who was certified by us many years ago and who had since taken the breathwork and manuals. That person would contact local breathworkers claiming falsely that TBF (Judith, in particular) had authorized "cooperation" between us and them; that it was somehow permissible for us to help this person. Fortunately, one TBF Breathworker was immediately suspicious and checked with us.

To repeat, if someone contacts you asking for help in organizing or facilitating at an Integrative breathwork event (aside from conferences like GIC, of course) then please tell them, "No."

The few times we allowed ourselves to cooperate and share we have been affected in some negative way.

2019 BREATHWORKER RETREATS

Facilitator Retreat

with Judith

October 17 - 21, 2019

Volterra, Italy

[Flyer](#)

Trainer Retreat

with Judith

April 10 - 14, 2019

Volterra, Italy

[Flyer](#)

SPECIAL AUGUST EVENTS with Judith

Reclaim Your Superpowers™ – London, UK

August 4 – 5, 2018

This is Judith's first event in the United Kingdom in nearly a decade. In fact, non-professional level events with Judith in Europe are rare.



[OPEN FLYER](#)

Seminar – New York State, USA

August 12 – 17, 2018

This Seminar in Phoenicia, NY (Catskill mountain area) is the first in New York in many years and is also the final USA Seminar for Judith in 2018.

Seats have been filling quickly as of late. **NOTE:** Don't wait to get your clients into the training as Registration ends July 25, 2018.



[OPEN FLYER](#)

NEW TBF COUNTRIES

There have been several new countries to see TBF events since our last letter:

47. **Poland:** A few events by a few breathworkers, with trainings to come.
48. **Azerbaijan:** Workshops with Umay Karabece.
49. **Mauritius:** With Nathalie Montille running a *Seminar* on the island nation.
50. **Sweden:** Dianne Mecklenburg and Steve gave a *Reclaim Your Breath™* in Malmö.
51. **Norway:** Helle Thomson and Hilde Person ran a Seminar.

ANNOUNCEMENTS / REMINDERS

These have generally been posted on the TBF Family Facebook Group.

- **Process and Policy:** It is important for all to read and understand the [Facilitator Handbook](#). Our processes and policies and certain helpful resources are in that document. There is a letter-size PDF and A4-size PDF to download. It will likely save time if you have policy-related questions for us.
- **Website Changes:** Changes or errors on a website **Facilitator Listing** or **Event listing**? Please don't ask us to edit it for you. TBF has hundreds more people to support than just a few years ago. Each person is responsible for their own data. Kindly keep your information current, check your work, and [send an update](#) when appropriate. Even small changes have sizable overhead in the work process.
- **Switzerland:** The country is now recognized by TBF as a new **National Partnership**. The country's leader is Alev Gürzumar who is reached at <mailto:alev@breathandlight.com>.
- **Europe Website:** The TBF Europe site has been discontinued. The direction now is to build language-specific subsites on the web. The first up will be Turkish. Arabic and others are planned to follow.