

TBF Facilitator / Trainer Newsletter – June 2016

Dear Breath Family,

We have a new download Packet set and a few announcements to make.

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Manuals and Trainings

As we are thrilled that translated manuals are complete at the Seminar level, I am happy to report that all **Level 4 manuals** have begun. Most are 50 – 80% complete. We are targeting 2016 completion dates. And once these are done, we will start another cycle to make corrections, enhancements and deletions to existing Seminar and Level 4 materials in English. Fortunately, those maintenance activities will pale in comparison to the original translation effort.

In addition, we are adding more **Introductory Levels training manuals**, so that Reclaim Your Breath™ and Presence of Breath™ manuals are being translated. These are not so difficult usually because the content is not entirely unique; all the Intro manuals will have a standard “RYB Core” that links them all, but with some unique themed content to set each apart to varying degrees.

You will recognize the RYB core as articles in other Manuals or Packets; it is just something formal to give to your weekend participants. Some Introductory manuals will be more elaborate than others but there is something for everyone as more flavors of Introductory Trainings are in development.

A **Level 5 Packet** was never released last year but the course itself is being overhauled as I write; manuals, outlines, slideshows will be changed. Two manuals will become one. These changes will serve for future translations of Level 5 (although Turkish has already been translated to match the English). The English may be released later this year. I will know more in July.

Certification

- As stated last November, the Certification Process has been under TBF Operations. Steve no longer has this responsibility so please forward your correspondence to tbfoffice2000@gmail.com and Cinny will follow through.

- Those applying for *Trainer* or *Senior Trainer* certification need to submit the proper application found on the [TOOLS](#) Page - Certification Tab. When that application is approved then you have the go-ahead to run your own Intro weekends (if Trainer) and Seminars/1/2/3 (if Senior Trainer). We will adjust your DDS access accordingly.
- And it should go without saying but when one completes Level 5 they are not a Certified Trainer. There is no allowance to begin your own RYBs, or any multi-day training. You may do Workshops, even a non-consecutive Workshop Series, but nothing that would qualify as a Training in our Program Structure.
- I do suggest that everyone review the Structure and Ethics document you signed to get Facilitator Certification. The Structure has not changed in years. Copies are on the [TOOLS](#) page in multiple languages.

New Download Packet

The TBF Document Download System (DDS) has been updated with a fairly major Packet release, though it doesn't have all the updates that are near completion. Another Packet should hopefully follow in late Summer with additional manuals and resources.

The **June 2016 Packet Release** will have but three (3) updates as you see below. No other Packets are updated within this release.

a) **Trainer Packet** has a few manuals added such as Turkish RYB, and even an Arabic RYB.

b) **Senior Trainer Packet** contains two Spanish Seminar versions (A4 and letter-size), an Italian Seminar, and the Turkish Seminar. That means that all Seminar manuals are available if you have someone outside your country joining your event.

c) **Level 4 Senior Trainer Packet** contains Spanish Level 4A, 4-Addendum, and Level 4B (again, 2 versions). There is also a Turkish 4A and 4-Addendum.

If you do not have a DDS login, contact Cinny at tbfoffice2000@gmail.com and you will receive access equal with your Certification Role. The Login link, User Guide, and latest Release Notes are available on the [TOOLS](#) webpage under the Packets Tab.

Note: If you see something missing then it probably has not been released. We only email manuals when advanced copies are needed ahead of these Packet releases.

Website Updates

- All translated Structure/Ethics copies are posted on the [TOOLS](#) page – Certification Tab. Remember these serve as the Facilitator Application so use them as such if the English is not convenient.
- The forms to submit Trainings, Workshops and Facilitator Listings have been enhanced. There are times that one wishes to use one of their scheduled events as a template to build a new event submission. The Update function is obvious in that it will recall the data from your event if you wish to change that event. But now there is a Duplicate function, to recall something you don't wish to update, meaning you recall the data, change what you need

and submit it as a new event just as if you typed it in from scratch. It's another time-saving device.

Brands

We have a new official brand for Transformational Breath®. For those who can read Arabic, here it is. This appears with other approved brands on our TOOLS page and the [Legal](#) Page.

التنفس التحولي

Thanks to Manal al-Musallam for bringing us this far in the Gulf States. I am happy to report that we have several new Facilitators certified in the region, both men and women.

Breathworker Retreats

- Italy will see Judith lead a **Trainers Meeting** in the Tuscany region, December 5 – 9, 2016.
- Turkey hosts Judith in Istanbul for **all Breathworkers**, November 26 - 27, 2016.

Details of both are on our [Special Events](#) page.

Refugee Seminars... looking to continue



As we support **TIBA-Africa** and Daniel, Vincent Oloo is still trying to gather resources to continue his African refugee Seminars. These are special Seminars for Refugees living now in Nairobi who escaped The Congo, Rwanda, and Burundi. So much depends on availability of funds. We would appreciate any

Support: Financial Aid or sending Supplies to help the refugees.

Account Name: Breathe Africa International
Account Number: 01148421828200
Bank: Co-Operative Bank Of Kenya
Swift Code: KCOOKENA
Branch: Ngong
P.O. Box 1036 – 00208
Ngong, Kenya

Please Contact: Vincent Oloo, Breathe Africa, +254721691553, vincent@breathe-africa.com

Religion in Transformational Breath

As you know our modality necessarily addresses the Spiritual Self to a great degree as does any truly Holistic work. Yet there is a fine line between what is Spiritual and what is Religion because they are obviously entwined to some degree, or at least they should be. Thus it is difficult to separate them for purposes of business and openness, yet we will attempt to do so.

This is not an effort to be politically correct but so much of the world fights over religion and there is conflict fueled equally by the insensitive and the oversensitive. Perhaps we take a middle ground and stick to our longtime claim of being non-dogmatic in matters spiritual or religious.

We have been, through some wildly deranged arguments, wrongly accused of being a “front group” for a Christian agenda but do not wish to even imply affiliation or alignment with any religion or religious movement. And although we respect any great and pure religious association in our world it is not TBF’s vision or intention to embrace or promote any of them.

- The “Middle East” English manual versions were stripped down to make things more generic and to be acceptable to Islam. Such a version would likely be acceptable to various fundamental movements in other religions.
- Though we cannot satisfy everyone’s views, we are reviewing our other English Manuals later this year to be sure that nothing hints of a particular religion. So we ask please look at your own marketing materials and websites too.
- And although churches, temples and other places of worship may promote or host our breathwork, they cannot co-opt it or make it into something liturgical conforming to their form of worship.
- We realize that Yoga is often misinterpreted even though it is not a religion. We will look at that issue too to be sure because even the promotion of a guru or supposed saint may have the appearance of endorsing a religion. Be careful of how you dress up the physical environment at your Workshops or Training venues.
- Know that we are serious about this. This year we formally revoked the certification of one Facilitator who chose to pervert this model of being non-dogmatic by injecting a religious doctrine into their practice to where our work was quite unrecognizable. This will not be tolerated.

We are about preserving our identity and integrity, and being true to our claims. Judith will likely address this at a Trainer’s meeting later this year and we might enact a strict written policy if need be. Consider this an advanced notice.

BIG HUG
TO ALL.