

"The World is Ready to Breathe. Are You Ready to Lead?"

Transformational Breath Foundation presents

TRANSFORMATIONAL BREATH®

Level 5 Training

with Dr. Judith Kravitz, world-renowned Breathwork Teacher, TBF Founder



The Art of Breath Analysis

Volterra, Tuscany, Italy

October 28 - November 3, 2021



This CERTIFICATION PROGRAM provides:

Effective presentation skills * Teaching from a place of mission * Group dynamics and leadership
Organizing material and structuring your program * Supporting the various ways in which people learn
Expanding your capacity to lead from the heart * Clarification of goals and the power of Intention
Express yourself authentically from the heart * Lots of breathing, connecting, fun!

"Taking the training has literally changed my life. All the physical, emotional, and spiritual goals have been met beyond my expectations. It has given me a framework for self responsibility and helped me make the changes I had been seeking for years."

--Ange Leake - Derbyshire, England



DR. JUDITH KRAVITZ, an ordained minister, has taught and advanced the field of Breathwork for over 4 decades. She was inspired by a personal experience of self-healing a cancer on her neck, based on principles and skills acquired through her work

with the breath. Her book, "Breathe Deep, Laugh Loudly", is the ultimate breather's manual as we embrace major transitions in the paradigms for health and well-being.

Check in before dinner on the 27th.
Call for tuition cost; accommodations extra.



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Seminar (*Levels 1, 2, 3*) and Level 4 must be completed before attending Level 5

www.breath2000.com