



"The World is Ready to Breathe. Are You Ready to Lead?"

Transformational Breath Foundation presents

*Transformational Breath*

## Level IV (Part B) Training



*The Certification Program provides:*

- ◇ In-depth personal tutoring and mentoring from the founder of the Transformational Breath® process
- ◇ Knowledge, skills, and application of Transformational Breath® on a professional level, through exposure, with immediate feedback
- ◇ Advanced breathing analysis techniques
- ◇ Enlightened coaching skills
- ◇ Expansion of intuitive capabilities
- ◇ Accelerated personal growth and evolution through the reflective process in a residential environment
- ◇ An international family network of breathers and facilitators
- ◇ A deeper commitment to Transformational Breath®

### **The TBF Professional Training Program — Level 4 Facilitator Training**

*with Dr. Judith Kravitz, TBF Founder & world-renowned Breathwork teacher and healer.*

Amazing gifts await you on the path of becoming a Transformational Breath® facilitator. The expanded residential Facilitator Training Program (parts A & B) is guaranteed to increase your personal creative expression and to provide profound Transformational breathwork experiences.

**Kuwait City, Kuwait**  
**January 19 - 24, 2021**

Training is Online + 3 days practicing  
in person



Dr. Judith Kravitz DM, an ordained minister, has taught and advanced the field of Breathwork for over 4 decades. She was inspired by a personal experience of self-healing a malignant tumor on her neck, based on principles and skills acquired through her work with the breath.

Her book, "Breathe Deep, Laugh Loudly", defines the potential of conscious breathing as we embrace major transitions in the paradigms for health and well-being.

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**For WOMEN Only! With Arabic translation.**

**Prerequisites:** Seminar (Levels 1, 2, 3) & Level 4 (part A) must be completed before attending Level 4 (part B).

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