

Transformational Breath® Foundation presents

Transformational Breath® Workshop

"Let Love and Breath into Your Life ... Be Transformed"

with Dr. Judith Kravitz

World-renowned Breathwork teacher and healer first ever visit to Beijing.

Discover how Breathing is the key to Personal Transformation.

ELIMINATE RESTRICTIVE BREATHING PATTERNS

Learn to breathe
more openly
and efficiently.
Be in the flow of Life!

CLEAR the SUBCONSCIOUS

Breathing transforms
negative thought patterns
& trauma, allowing for more
expression of
Love & Joy

CONNECT MORE FULLY with one's HIGHER SELF

Access higher levels
of awareness.
Express from the
Soul level.

Experience the benefits and application of a full, deep, connected Breath.
Transformational Breath®.

Relieve Stress ... Heal relationships.

Heal yourself - Physically, Mentally, Emotionally.

Live fully. Be Joyful. Make your own personal connection with Spirit.



Dr. Judith Kravitz is an ordained minister with a Doctorate in Metaphysics. She has taught and advanced the field of Breathwork for over 4 decades. Judith was inspired by a personal experience of self-healing a malignant tumor

on her neck, based on principles and skills acquired through her work with the breath. Judith travels worldwide sharing this amazing process. She has trained thousands of Facilitators and led over 100,000 people in groups and individual sessions. Her book, "Breathe Deep, Laugh Loudly", is the ultimate breather's manual as we embrace major transitions in the paradigms for health and well-being.

Chuang Wen Int'l Coaching Center
12 Yude Hutong, Pingan Li, Beijing,
China

May 25, 2017

7:00pm - 10:00pm

Cost:
¥580



Free gift to all participants: A copy of
the Chinese version of Judith's book,
Breathe Deep Laugh Loudly
which value is ¥88.



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