



*Transformational Breath Foundation presents*

# *Transformational Breath*<sup>®</sup> Facilitator Retreat

with **Dr. Judith Kravitz**, TBF Founder & world-renowned Breathwork teacher.

*Reconnect with fellow Breathworkers  
Update with latest techniques, practice  
Have Fun, Relax, and BREATHE!*

### *Activities include:*

Advanced Breathing Analysis ✧ Working with Children  
7 Diaphragms ✧ Paired Practice Sessions  
New Hands-on ✧ TBF Vision ✧ Abundance

### *Special Activities:*

Water Breathing ✧ Unconditional Love Clearance



**Dr. Judith Kravitz, DM**, is an ordained minister. She has taught and advanced the field of Breathwork for over 3 decades. Judith was inspired by a personal experience of self-healing cancer on her neck, based on principles

and skills acquired through her work with the breath. Her book, "Breathe Deep, Laugh Loudly", defines the potential of conscious breathing as we embrace major transitions in the paradigms for health and well-being.



**VOLTERRA, ITALY**

**October 17 - 22, 2019**

**Mandala Tre Querce**

Given in English.  
Translation possible.

**Contact: Indalecia Ziritt ✧ 0039/3384622263 ✧ [segreteria.tbitalia@gmail.com](mailto:segreteria.tbitalia@gmail.com)**

**750 Euros (w/ 300 deposit) before July 15, 2019 (825 thereafter)**

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[www.breathe2000.com](http://www.breathe2000.com)