



# "The World is Ready to Breathe. Are You Ready to Lead?"

Transformational Breath Foundation presents

Transformational Breath®

## Level IV (Part A)



Sile, Istanbul, Turkey  
February 25 - March 3, 2019

Sile Gardens Hotel

### The TBF Professional Training Program — Level 4 Facilitator Training with **Dr. Judith Kravitz**, world-renowned Breathwork teacher, TBF Founder.

Amazing gifts await you on the path of becoming a Transformational Breath® facilitator. The expanded residential Facilitator Training Program (parts A&B) is guaranteed to increase your personal creative expression and to provide profound Transformational breathwork experiences.

#### *The Certification Program provides:*

- ◇ In-depth personal tutoring and mentoring from the founder of the Transformational Breath® process
- ◇ Knowledge, skills, and application of Transformational Breath® on a professional level, through exposure, with immediate feedback
- ◇ Advanced breathing analysis techniques
- ◇ Enlightened coaching skills
- ◇ Expansion of intuitive capabilities
- ◇ Accelerated personal growth and evolution through the reflective process in a residential environment
- ◇ An international family network of breathers & facilitators
- ◇ A deeper commitment to Transformational Breath®



Dr. Judith Kravitz DM, an ordained minister, has taught and advanced the field of Breathwork for over 4 decades. She was inspired by a personal experience of self-healing a malignant tumor on her neck, based on principles and skills acquired through her work with the breath.

Judith travels worldwide sharing this amazing process. She has trained thousands of Facilitators and led over 100,000 people in groups and individual sessions. Her book, "Breathe Deep, Laugh Loudly", defines the potential of conscious breathing as we embrace major transitions in the paradigms for health and well-being.

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Prerequisites: Seminar (Levels 1, 2, 3) must be completed before attending Level 4 Parts A or B.

[www.breathework2000.com](http://www.breathework2000.com)