

Deepens Meditation
Expands awareness
Deepens Spiritual
Connection
Cleanses and Detoxifies
FIND MORE Health and JOY!

DISCOVER HOW BREATH IS THE KEY TO PERSONAL HEALTH & TRANSFORMATION

Transformational Breath Foundation Presents®

BREATH AND SPIRIT™

WEEKEND RETREAT
JANUARY 3-5
OR FRIDAY NIGHT ONLY JANUARY 3
IN EL PASO



Grace Bryce, is a certified Transformational Breath®
Trainer & Facilitator, and an Ordained Minister.
www.gracebryce.com Call (512) 818-7857

Early Bird November 15th. Save \$75 (Reg. \$425)

Lunch and snacks included.

Friday Night \$50

To register log on:

<https://gracebryce.as.me/Breathe>



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