



"Breath is the Gateway from the Visible to the Invisible Worlds."

Transformational Breath Foundation presents

Transformational Breath®

Breath and Spirit™

A "BASp" Intro weekend with Dr. Judith Kravitz, TBF Founder & world-renowned Breathwork teacher.

*OPEN TO SPIRITUAL WHOLENESS WITH THE POWER OF THE BREATH.
UNDERSTAND AND EXPERIENCE MIRACLE CONSCIOUSNESS
BREATH MASTERY ... TAKE-HOME BREATH PROGRAM.
GET 4 FULL TRANSFORMATIONAL BREATH SESSIONS.*



Dr. Judith Kravitz, DM, is an ordained minister, and has taught and advanced the field of Breathwork for over 3 decades. She was inspired by a personal experience of self-healing a malignant tumor on her neck, based on principles and skills acquired through her work with the breath. Judith travels worldwide sharing this amazing process. She has trained thousands of Facilitators and led over 100,000 people in groups and individual sessions. Her book, "Breathe Deep, Laugh Loudly", defines the potential of conscious breathing as we embrace major transitions in the paradigms for health and well-being.

Temecula, CA USA
Viña de Lestonnac
October 28 - October 29, 2017

Early-bird discount: **\$375**
\$425 after August 15th
Major Credit cards accepted.

"One Transformational Breath session is equivalent to about two years of psychotherapy."
-- Dr. Henry Smith Rohrberg



*High Facilitator
to Student Ratio*

Contact: TBF Office ☎ 603.286.8333 ☎ reg@transformationalbreath.com

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www.breath2000.com